In May, 2013, the American Psychiatric Association published the long-awaited Fifth Edition of its *Diagnostic and Statistical Manual of Mental Disorders (DSM-5)*. In response, David Myers carefully reviewed his textbook, *Psychology, Tenth Edition in Modules*, adding updates (listed alphabetically below) to over 100 pages of the text. Additional changes were also made to the Glossary, References sections, and Indexes.

Note: This is a guide changes made to Myers’s *Psychology, Tenth Edition in Modules*, as a result of the *DSM-5* release alphabetically by topic), not a guide to what’s new in the *DSM-5* itself.

### A GUIDE TO DSM-5 CHANGES AND RELATED CONTROVERSIES

*(pp. 116, 627, 630–631, 636, 647)*

The pages listed in this category contain explanations of the changes, and of the controversies related to those changes.

#### ADHD

*(pp. 627, 631)*

Criteria for attention-deficit/hyperactivity disorder have been loosened for adult diagnosis.

#### ANXIETY DISORDERS, OCD, AND PTSD

*(pp. 625, 630, 634, 637–639, 641–644, 683, 687, 688, 705, 711)*

Obsessive-compulsive disorder and posttraumatic stress disorder are now classified separately from anxiety disorders. The criteria for posttraumatic stress disorder have been modified. Social phobia is now termed *social anxiety disorder*. The new *hoarding disorder* is classified as an obsessive-compulsive and related disorder.

#### AUTISM SPECTRUM DISORDER

*(pp. 157, 183, 184–185, 196, 354, 383, 630, 683, A-4)*

The categories of autistic disorder and Asperger’s disorder no longer exist. They have been incorporated into a single continuum of mild to severe *autism spectrum disorder*.

#### DEFINITION OF PSYCHOLOGICAL DISORDER

*(pp. 626–627)*

The definition of a disorder has changed, with greater emphasis on a dimensional approach to diagnosis—placing people on a continuum of severity—and the underlying biology of various disorders.

#### DEPRESSIVE DISORDERS

*(pp. 630, 631, 646, 651, 697–698)*

Depression diagnosis no longer includes a *bereavement exception*. Depressive disorders now include *disruptive mood dysregulation* for disruptive behavior diagnoses. *Nonsuicidal self-injury* (NSSI) has been added “for further study.” *Psychology, Tenth Edition in Modules with Updates for DSM-5* now includes coverage of *persistent depressive disorder (dysthymia)* and a seasonal pattern in major depressive disorder (and bipolar disorder). *(Psychology, Tenth Edition in Modules already included coverage of NSSI.)*

*CONTINUED>>*
EATING DISORDERS
(pp. 630, 670)
The DSM-5 now includes binge-eating disorder along with slightly modified criteria for anorexia nervosa and bulimia nervosa. (Psychology, Tenth Edition in Modules already had this new category included.)

INTELLECTUAL DISABILITY
(pp. 402–403, 404, 630, 633)
Mental retardation has become intellectual disability. (Psychology, Tenth Edition in Modules already used this new term.)

NEUROCOGNITIVE DISORDERS
(pp. 211, 212, 219, 521, 635, 707)
The diagnosis of “dementia” has been replaced by diagnosis on a continuum of major or minor neurocognitive disorder.

PARAPHILIAS
(pp. 435, 436, 456)
Psychology, Tenth Edition in Modules with Updates on DSM-5 includes coverage of paraphilias, and the conditions which now must be met for them to be considered a disorder.

PERSONALITY DISORDERS
(p. 667)
The separate categories of personality disorder had been slated for revision or deletion but actually stayed the same in the new DSM.

SCHIZOPHRENIA
(pp. 657–659, 664)
The schizophrenia subtypes have been replaced by “a dimensional approach to rating severity for the core symptoms of schizophrenia” (APA, 2013).

SEXUAL DYSFUNCTIONS
(pp. 36, 95, 435, 436, 456, 681, 695)
Sexual disorders have become sexual dysfunctions in the new DSM, and some of the labeling and the classifications and their criteria have changed.

SPECIFIC LEARNING DISORDER
(pp. 22, 138, 358, 405)
Learning disorders are now identified as a group under the label of specific learning disorder (rather than separately as “dyslexia” and others).

SUBSTANCE-RELATED AND ADDICTIVE DISORDERS
These disorders are now rated by severity, rather than by being separated into “abuse” and “dependence.” Gambling disorder is now in this category as a behavioral addiction. Internet gaming disorder has been introduced “for further study.” Note: A number of the changes listed here are simple updates, such as changing a mention of “alcohol dependence” to alcohol use disorder.)